



# Inland Region News

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## Volunteering at Senior Centers

Westview’s Community Based and Site Based Temecula programs are volunteering at different Senior Centers in their local communities.

Our clients enjoy helping out the seniors with tasks such as setting up the room and preparing for meals, rolling silverware, helping to clean up after meals, sweeping and other

restaurant-like duties.

They also have fun interacting with the seniors at the center with conversation and playing games like Scrabble.

For more information, please turn to each program’s section in this newsletter.

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## Holiday Schedule

Westview will be closed Thursday, November 25th thru Friday, November 26th for the Thanksgiving holiday.

We will also be closed Friday, December 24th thru Tuesday, December 28th and Friday, December 31st for the Christmas and New Year’s Day holidays.

## Newsletter Available On-line

Westview’s newsletters are now available at our website: [www.westviewservices.org](http://www.westviewservices.org) under the “News” tab. Click on “Inland Empire” in the Newsletters list.

## Attention counselors, parents and residential providers!

Westview currently has openings and is accepting new clients into our programs. If you have friends, family or clients that may be interested in one of our programs, please have them give us a call. We care about and support our clients as individuals each and every day!

# Behavior Management Program

## Perfect Attendance

Our perfect attendees for October are:

- Robert D.
- Horacio G.
- Christine H.
- Tyson J.
- Pedro L.
- Edward M.
- Freddie M.
- Michael M.
- Gregory "Scott" R.
- Olga S.
- April S.
- Steven B.
- Josue R.
- Sheryl U.

## Volunteer Jobs

Currently, B-Mod has two groups volunteering at the Food Bank and the Salvation Army.

Our clients are very excited about volunteering and upon returning from their day out serving the community, they come back to program enthused about their contribution.

Available for our clients' use are six computers located in two areas of the facility for introduction to typing or improving on typing skills. Clients' utilize typing tutor Mavis Beacon and have access to a variety of learning educational and interactive games.

## New Staff

B-Mod would like to acknowledge Paula Gracia, Francisco Gamboa, Adrianna Arredondo and Joey Gomez for joining the Inland team.

Welcome aboard!

## Inland Rummage Sale

Westview would like to thank those who donated and supported our Rummage Sale. It was a blast and a huge success! We can't wait until next year's sale!

"Keep up the hard work and remember you truly make the difference!"

## Classes Available

We have observed that the clients' behaviors and agitation have decreased since the computer classes were implemented. By utilizing headsets and following the commands from the computer programs, clients are able to focus on their tasks and appear to enjoy doing so.

## New Client

Please join us in welcoming our new client:

- Sunny T.



## Events

Our Annual Harvest Party was amazing. Each client enjoyed getting dressed up and dancing like there was no tomorrow.

Upcoming events include Disco Fridays, Wii tournaments and our Annual Holiday Party and award ceremony which will include tons of more fun.

The Yoga, dance and art classes have been a huge success. We would like to thank each staff member that has helped coordinate the classes.



# Community Based Program

## Perfect Attendance

Our perfect attendees for October are:

- Ricardo A.
- Jacob B.
- Axel B.
- Brian B.
- Adriana C.
- Michael C.
- Joseph J.
- Richard L.
- Raul L.
- Richard M.
- Rickie O.
- Kimberly S.
- Melody S.
- Dennis W.
- Keith W.

## CBI Highlight Senior Centers

### Janet Goeske Senior Center:



Clients help set up and prepare for meals at the Janet Goeske Senior Center. They also help clean up after meals and interact with the members of the center.

When asked “What’s the best part of your time here?”, Kimberly said “Rolling the silverware — it’s an easy job.” Dennis responded with “Hanging out with my buddies [at the center].”

### Eddie D. Smith Senior Center:



## Special Thank You For Client Referrals

We always appreciate client referrals! A special thank you goes out to:

- Veronica Arango
- Teresa Montano
- Maria Flores

At the Eddie D. Smith Senior Center, our clients roll place settings for breakfast and lunch. They also help prepare tables as well as help to clean up after the meals.

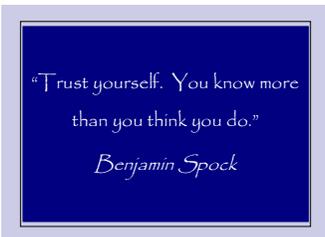
Our clients enjoy interacting and making friends with community members during lunch time.



The finished product!

## Letter of Special Thanks

Westview’s Community Based Program received a special letter of thanks from a local volunteer site. Riverside Citrus Park and Museum has extended a warm thank you in noting, “I want to thank you and your volunteers for helping me replace the chair caps on the approximate 150 chairs outside...Now the chairs look better and will provide our wedding visitors with a comfortable seat to watch the wedding ceremonies for many more years. Now, more than ever, we are truly grateful for your volunteer efforts at the park.” (*Debbie Phillips, General Manager*) Thank you Riverside Citrus for allowing us to help. We are glad to be of service to you and the park.



# Site Based—Temecula Program

## Birthdays

Happy Birthday to the clients and coaches who have a birthday this quarter:

- |  |  |   |
|--|--|---|
| <b>OCTOBER</b>   | <ul style="list-style-type: none"> <li>• Becca</li> <li>• Teresa</li> <li>• Hugo</li> <li>• Staff—Alice</li> <li>• Coach Dawn</li> </ul> | <ul style="list-style-type: none"> <li>• Coach Socorro</li> </ul> |
|  | <b>DECEMBER</b>  |   |
|  | <ul style="list-style-type: none"> <li>• Miguel</li> <li>• Wendy</li> <li>• Coach Eva</li> <li>• Coach Maggie</li> </ul>                 |   |
| <b>NOVEMBER</b>  |  |   |
| <ul style="list-style-type: none"> <li>• Allison</li> <li>• Reiki</li> </ul> |  |   |

## Activities and Events

### FIELD TRIPS

Clients toured the Rose Haven Heritage Garden in Temecula. They enjoyed walking through the floral blooms of more than 1,600 rose bushes and they are looking forward to a possible new volunteer job opportunity at the garden.

Our clients also visited the DeJongs Dairy, where they actually viewed cow milking and milk being processed and bottled. They also were able to sample chocolate milk and cookies.

We are planning a trip in January to the Riverside Fairmont Park — a unique playground for all, yet ideal for people with physical and neurological limitations. The park features ramps, dance chimes cast in the floor and water play. It has sensor walls, drums and paving textures, which add fun for persons who have a visual or hearing disability.

### THANKSGIVING PARTY

We will have our Thanksgiving Party on Wednesday, November 24th. Lunch will be provided by Westview.

### CHRISTMAS EVENTS

Our clients have been busy making Christmas ornaments to sell in the community. Ornaments will be available for purchase the second week of December. Our Christmas party will be on Wednesday, December 15th at 11am at the China Buffet in Temecula. Lunch will be provided by Westview.

### TEMECULA DANCE STUDIO

Ace, Courtney, Kelly, Johnny, Reiki and Timika will be participating with Temecula Dance Studio in a High Hopes Holiday Dance Program on December 17th. The event will be from 6-9 pm at Community Recreation Center in Temecula. Dinner will be provided by the City of Temecula but reservations are necessary because space is limited. To make reservations or for further information, please call the Mary Phillips Senior Center at 951-694-6464.

## Perfect Attendance

Perfect attendance prizes are now being awarded to our clients every Friday. Clients are enjoying choosing from a large assortment of prizes.

- |  |   |
|--|---|
| <b>SEPTEMBER</b>   | <b>OCTOBER</b>  |
| <ul style="list-style-type: none"> <li>• Jeremy</li> <li>• Natalie</li> <li>• Michael V.</li> <li>• Debbie</li> <li>• Patty</li> <li>• Angela</li> <li>• Ngo</li> <li>• Johnny</li> <li>• Flor</li> <li>• Beth</li> <li>• Brett</li> <li>• Reesa</li> <li>• Allison</li> <li>• Leah</li> <li>• Romy</li> </ul> | <ul style="list-style-type: none"> <li>• Jeremy</li> <li>• Kelly</li> <li>• Romy</li> <li>• Natalie</li> <li>• Hugo</li> <li>• Christian</li> <li>• Allison</li> <li>• Leah</li> <li>• Patty</li> <li>• Kathleen</li> <li>• Angela</li> <li>• Ngo</li> <li>• Johnny</li> <li>• Reiki</li> <li>• Flor</li> <li>• Beth</li> <li>• Brett</li> <li>• Reesa</li> <li>• Miguel</li> <li>• Michael D.</li> </ul> |

## Anniversaries

The following are clients and staff celebrating years with Westview:

- |   |   |
|---|---|
| <b>OCTOBER</b>  | <b>NOVEMBER</b>   |
| <ul style="list-style-type: none"> <li>• Ryan</li> <li>• Michael V.</li> <li>• Ricky</li> </ul> | <ul style="list-style-type: none"> <li>• Timika</li> <li>• Ace</li> <li>• Romy</li> <li>• Natalie</li> <li>• Coach Lynn</li> <li>• Coach Vilma</li> </ul> |

## Mary Phillips Senior Center

Westview's SBT program send their thanks to Candace and her staff at Mary Phillips Senior Center for allowing our clients to continue to volunteer at the Senior Center. Clients Jeremy, Ace, Brett and Michael V. are learning great employment skill opportunities at the center and Westview appreciates this opportunity. The client groups are led by their coaches Paulette and Vilma.

This volunteer job site resulted in a paid job this past summer with Temecula Youth Services. Ace, Brett and Courtney were involved with the City of Temecula's Mayor's Summer Youth Employment Program at the Mary Phillips Senior Center. At the completion of their assignment, each received parting gifts presented to them and Ace was chosen to receive a special award because of his sense of humor while at the



Clients Brett, Ace and Jeremy with Candace and Coach Paulette in front of the Mary Phillips Senior Center

job. Congratulations to the team!

## New Client and Staff

We are happy to welcome our new client, Bradley, and our new coach, Mariano, to our program.

Westview is continuing our relationship with the Senior Center by sending two groups daily on a volunteer basis. Thank you again to the Mary Phillips Senior Center for allowing Westview to be a part of the community of Temecula.